Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered ServicesCoverage Period: 01/01/2025-12/31/2025RLS Managed ServicesEmployee Benefit Plan: Middle PlanCoverage for: Single + Family | Plan Type: POS

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to <u>www.meritain.com</u> or call (856) 694-2500. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary</u> or call Meritain Health, Inc. at (800) 925-2272 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	For participating <u>providers</u> : \$1,250 person / \$2,500 family For non-participating <u>providers</u> : \$5,500 person / \$11,000 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible?</u>	Yes. For participating <u>providers</u> : <u>Preventive care</u> , <u>emergency room care</u> (all <u>providers</u>), <u>rehabilitation services</u> , <u>urgent care</u> , and office visits (including initial prenatal visit) are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	For participating <u>providers</u> : \$5,500 person / \$11,000 family For non-participating <u>providers</u> : \$15,000 person / \$30,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Premiums</u> , <u>preauthorization</u> penalty amounts, <u>balance billing</u> charges and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.aetna.com/docfind/custom/my</u> <u>meritain</u> or call (800) 343-3140 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



		What You	ı Will Pay	
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care <u>provider's</u> office	Primary care visit to treat an injury or illness	\$30 <u>copay</u> /visit	50% coinsurance	<u>Copay</u> applies per visit regardless of what services are rendered. Includes
or clinic	<u>Specialist</u> visit	\$50 <u>copay</u> /visit	50% <u>coinsurance</u>	telemedicine. There is no charge and the <u>deductible</u> does not apply for services received at a MinuteClinic.
	Preventive care/screening/ immunization	No Charge	50% <u>coinsurance</u>	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services you need are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	50% <u>coinsurance</u>	none
	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u>	50% <u>coinsurance</u>	<u>Preauthorization</u> required for PET scans and non-orthopedic CT/MRI's. If you don't get <u>preauthorization</u> , benefits could be reduced by \$500 of the total cost of the service.
If you need drugs to treat your illness or condition	Generic drugs	\$20 <u>copay</u> (retail)/ \$40 <u>copay</u> (MCN or mail order)	\$20 <u>copay</u> (retail)	<u>Deductible</u> does not apply. Covers up to a 34-day supply (retail prescription); 90- day supply (Maintenance Choice Network
More information about prescription <u>drug coverage</u> is	Preferred brand drugs	\$40 <u>copay</u> (retail)/ \$80 <u>copay</u> (MCN or mail order)	\$40 <u>copay</u> (retail)	(MCN) or mail order prescription). The <u>copay</u> applies per prescription. After 2 fills, maintenance drugs must be
available at <u>www.caremark.com</u>	Non-preferred brand drugs	\$70 <u>copay</u> (retail)/ \$140 <u>copay</u> (MCN or mail order)	\$70 <u>copay</u> (retail)	purchased as a 90-day supply and must be purchased at either a Maintenance Choice Network pharmacy or through the mail
	<u>Specialty drugs</u>	20% <u>copay</u> \$150 maximum	Not covered	order program. There is no charge for preventive drugs. Dispense as Written (DAW) provision applies. <u>Preauthorization</u> required for injectables costing over \$2,000 per drug per month. <u>Specialty drugs</u> must be obtained from the specialty pharmacy <u>network</u> . Step therapy provision applies.

		What Yo	u Will Pay	
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	50% <u>coinsurance</u>	<u>Preauthorization</u> required for certain surgeries, including infusion therapy
	Physician/surgeon fees	20% <u>coinsurance</u>	50% <u>coinsurance</u>	costing over \$2,000 per drug per month. If you don't get <u>preauthorization</u> , benefits could be reduced by \$500 of the total cost of the service. See your <u>plan</u> document for a detailed listing.
If you need immediate medical attention	Emergency room care	\$100 <u>copay</u> /visit, then 20% <u>coinsurance</u> (<u>emergency services</u>) / Not Covered (non- <u>emergency services</u>)	\$100 <u>copay</u> /visit, then 20% <u>coinsurance</u> (<u>emergency services</u>) / Not Covered (non- <u>emergency services</u>)	Non-participating <u>providers</u> paid at the participating <u>provider</u> level of benefits for <u>emergency services</u> . <u>Copay</u> is waived if admitted to the hospital.
	Emergency medical transportation	20% <u>coinsurance</u> (<u>emergency services</u>) / Not Covered (non- <u>emergency services</u>)	50% <u>coinsurance</u> (<u>emergency services</u>) / Not Covered (non- <u>emergency services</u>)	Non-participating <u>providers</u> paid at the participating <u>provider</u> level of benefits for air ambulance.
	<u>Urgent care</u>	\$50 <u>copay</u> /visit	50% <u>coinsurance</u>	<u>Copay</u> applies per visit regardless of what services are rendered.
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	50% <u>coinsurance</u>	Preauthorization required. If you don't get preauthorization, benefits could be
	Physician/surgeon fees	20% coinsurance	50% <u>coinsurance</u>	reduced by \$500 of the total cost of the service.
If you need mental health, behavioral health, or substance	Outpatient services	\$30 <u>copay</u> /visit (office visit)/20% <u>coinsurance</u> (all other outpatient)	50% <u>coinsurance</u>	Includes telemedicine
abuse services	Inpatient services	20% <u>coinsurance</u>	50% <u>coinsurance</u>	<u>Preauthorization</u> required. If you don't get <u>preauthorization</u> , benefits could be reduced by \$500 of the total cost of the service.

		What You Will Pay		
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you are pregnant	Office visits	20% <u>coinsurance</u> (\$30 <u>copay</u> on initial visit)	50% <u>coinsurance</u>	<u>Preauthorization</u> required for inpatient hospital stays in excess of 48 hrs (vaginal
	Childbirth/delivery professional services	20% coinsurance	50% <u>coinsurance</u>	delivery) or 96 hrs (c-section). If you don't get <u>preauthorization</u> , benefits could
	Childbirth/delivery facility services	20% <u>coinsurance</u>	50% <u>coinsurance</u>	be reduced by \$500 of the total cost of the service. <u>Cost sharing</u> does not apply to <u>preventive services</u> from a participating <u>provider</u> . Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). Baby does not count toward the mother's expense; therefore the family <u>deductible</u> amount may apply.
If you need help recovering or have other special health needs	<u>Home health care</u>	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Limited to 40 visits per year. <u>Preauthorization</u> required. If you don't get <u>preauthorization</u> , benefits could be reduced by \$500 of the total cost of the service.
	Rehabilitation services	\$50 <u>copay</u> /visit	50% <u>coinsurance</u>	Physical, speech/hearing & occupational therapy limited to 30 visits per each type of therapy per year.
	Habilitation services	Not Covered	Not Covered	This exclusion will not apply to expenses that are considered mental health or substance abuse services.
	Skilled nursing care	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Limited to 90 days per year. <u>Preauthorization</u> required. If you don't get <u>preauthorization</u> , benefits could be reduced by \$500 of the total cost of the service.
	Durable medical equipment	20% <u>coinsurance</u>	50% <u>coinsurance</u>	<u>Preauthorization</u> required for electric/ motorized scooters or wheelchairs and pneumatic compression devices. If you don't get <u>preauthorization</u> , benefits could be reduced by \$500 of the total cost of the service.

		What You Will Pay			
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Hospice services	20% coinsurance	50% <u>coinsurance</u>	Bereavement counseling is covered if received within 6 months of death.	
If your child needs	Children's eye exam	Not Covered	Not Covered	Covered under stand alone vision plan.	
dental or eye care	Children's glasses	Not Covered	Not Covered	Covered under stand alone vision plan.	
	Children's dental check-up	Not Covered	Not Covered	Not Covered	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.) Acupuncture • Emergency room services for non-• Non-emergency care when traveling ٠ outside the U.S. emergency services Ambulance transportation for non-٠ Routine eye care (covered under stand emergency services Glasses (covered under stand alone vision ٠ plan) alone vision plan) **Bariatric surgery** ٠ Habilitation services Routine foot care **Cosmetic surgery** Long-term care Weight loss programs Dental care (Adult & Child) • • Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.) Chiropractic care (40 visits per year) Infertility treatment (limited to 1 • Private-duty nursing Hearing aids (covered when related to an procedure per lifetime to promote ٠ conception) injury)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa/healthreform</u> or RLS Managed Services at (856) 694-2500. Other coverage options may be available to you too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa/healthreform</u> or RLS Managed Services at (856) 694-2500.

Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact the Office of the Insurance Ombudsman NJ Department of Banking and Insurance at (800) 446-7467.

Does this plan provide Minimum Essential Coverage? Yes

<u>Minimum Essential Coverage</u> generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-378-1179. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-378-1179. Chinese (中文): 如果需要中文的帮助,请拨打这个号码1-800-378-1179. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-378-1179.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a
hospital delivery)

\$1,250

\$30

20%

20%

- The <u>plan's</u> overall <u>deductible</u>
- Primary care physician copay
- Hospital (facility) <u>coinsurance</u>
- Other <u>coinsurance</u>

This EXAMPLE event includes services like:

Primary care physician visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (*ultrasounds and blood work*) Specialist visit (*anesthesia*)

Total Example Cost	\$12,700
In this example, Peg would pay:	
Cost Sharing	
Deductibles	\$1,250
Copayments	\$10
Coinsurance	\$2,300
What isn't covered	
Limits or exclusions	\$ 60
The total Peg would pay is	\$3,620

Managing Joe's Type 2 Diabetes
(a year of routine in-network care of a well-
controlled condition)

The <u>plan's</u> overall <u>deductible</u>	\$1,250
Specialist copayment	\$50
Hospital (facility) <u>coinsurance</u>	20%
Other <u>coinsurance</u>	20%
This EXAMPLE event includes servic	es

like: Specialist office visits (*including disease education*)

Diagnostic tests *(blood work)* Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	

1 0 10		
Cost Sharing		
Deductibles	\$900	
Copayments	\$1,000	
Coinsurance	\$ 0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$1,920	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

The <u>plan's</u> overall <u>deductible</u>	\$1,250
Specialist copayment	\$50
Hospital (facility) <u>copayment</u>	\$100
Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like:

Emergency room care *(including medical supplies)* Diagnostic test *(x-ray)* Durable medical equipment *(crutches)* Rehabilitation services *(physical therapy)*

Total Example Cost	\$2,800
In this example, Mia would pay:	
Cost Sharing	
Deductibles	\$1,250
Copayments	\$500
Coinsurance	\$100
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,850